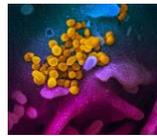




# Joyful Notes

April 2020

Latest News from New Horizons Band of Colorado Springs (NHBCOS)



## SIGHT-READING

With the cancelation of our Spring 2020 Concerts and remaining rehearsals, all of us are probably feeling a little overwhelmed, watching the global pace of growth of the coronavirus. Not to undermine the seriousness of the current situation, but if we think of this as we do sight-reading music, it may make it a bit more understandable. When sight-reading new music, there are many unknowns but we do know there are certain rules that must be followed and we can train our minds to handle those rules: follow the rhythm, memorize key signatures, know your scales, examine the piece and identify annotations and flow, play the whole piece in your mind with regard to roadmap, phrasing, melody, etc.

When thinking of “sight-reading” the next few months, there are many unknowns but we also know there are many rules that must be followed: wash your hands, practice social distancing, avoid gathering in large crowds, stay informed by appropriate sources but take periodic breaks from news about the virus, take care of your body, keep a journal, set goals for later in the summer or autumn and continue to practice music (see *Calendars*, page 3).

The FNHBCOS Board of Directors will continue to monitor the status of COVID-19 as it impacts the lives of our musicians and audience for the Summer Semester and beyond. Musician and audience members will be informed via email, our web site at [www.nhbcos.org](http://www.nhbcos.org) and our Facebook site. Please let us know if there is anything we can do for you or if you are aware of someone in our musical family who would benefit from a daily phone call or email. We’re all in this performance together.



## SPOTLIGHT ON: ANDY BELL

Andy Bell has seen his name in the headlines before. On several recent Memorial Day celebrations, Andy has played *Taps* at Evergreen Cemetery in Colorado Springs as a member of the 10<sup>th</sup> U. S. Cavalry Buffalo Soldiers, Inc., in the Buffalo Soldier commemoration.



The Buffalo Soldiers played a key role in the famous battle of San Juan Hill; they are African-

American soldiers known for fighting in numerous American battles and wars.

Andrew Bell, Jr., was born in St. Louis, Missouri in 1933, and lived there until 1951 when he enlisted in the U. S. Army. Andy served in various units throughout a 30-year career which included combat in Korea and Vietnam. Upon retiring from the military, he worked with Community Corrections of Colorado Springs and as a Security Officer at Pikes Peak Library District until 2011.

While working at the Library, Andy noticed an NHBCOS advertisement looking for adults who had never played a musical instrument but would like to learn. That was the beginning of Andy’s introduction to music. Since then, Andy has been an active member of the Concert Band Trumpet section. He is married with 3 sons, 2 daughters and 6 grandchildren. Andy graduated from Regis University in May of 1999, with a Bachelor of Science Degree in Technical Management. He is an active member of the 101<sup>ST</sup> Airborne Division Association and has lived in Colorado Springs since 1981.

*Joyful Notes* is the monthly newsletter of New Horizons Band of Colorado Springs. Please send email to Sudy ([sudy1949@gmail.com](mailto:sudy1949@gmail.com)) or Sunny ([terpin54@gmail.com](mailto:terpin54@gmail.com)) to provide input, comments, suggestions or if you wish to be removed from the newsletter mailing list. *Issue 2020-04.*



### GIFT RECEIVED IN MEMORY OF DR. STEPHEN TELATNIK

NHBCOS was recently the honored recipient of a \$5,000 donation from Donna Telatnik in memory of her late husband Dr. Stephen Telatnik, former member of the Symphonic Band trumpet section from 2007 to 2016.



Dr. Telatnik was born July 17, 1938 in Avon Lake, OH, and died May 1, 2019 in Colorado Springs. Steve was an influential physician in the Colorado Springs area his entire career.

He was an active promoter for patient rights, having been instrumental in the creation of the HIPAA laws, and dedicated himself to supporting those that could not fight for themselves including the physically and mentally impaired. Steve also had a strong love for music, and playing trumpet with the New Horizons Band was a real joy for him.

### WHEN I'M 64

Ever wonder just how experienced NHBCOS members are? Here are the average ages for each group:

- Concert Band: 73.7
- Kicks: 71.8
- Symphonic Band: 68.6
- Purple Mtn Clarinets: 68.4
- Orchestra: 66.8
- Prep Orchestra: 61.9
- All members: 69.8

*“Will you still need me, will you still feed me when I’m 64?”* BTW, Paul McCartney wrote that song at the age of 16.

### KEEPING SCORE

Fascinating documentary: *“Keeping Score / Aaron Copland and the American Sound”* narrated by Michael Tilson Thomas, Music Director of the San Francisco Symphony. Watch at <https://youtu.be/Ix2xII2XVro>

### SPRING SHOWCASE 2020

On March 11, just 1 day before The Ent Center canceled all performances at that venue to slowdown the spread of the coronavirus, some of the most talented and brave NHBCOS musicians graced the stage of the Prince of Peace Church for an hour-long Recital. These 17 musicians played 13 separate numbers, ranging from a Bach Sonata to the Mario Brothers Theme (and *everything* in between) for an audience of approximately 70 fans. While the audience members thoroughly enjoyed every performance, the comments from the musicians on stage that evening expressed an equal or greater amount of joy in performing:

*Jaque Peterson:* “Even a week before the event I questioned whether I should play a simpler piece because what I was working on was probably too difficult for me at this stage but decided my goal was to play it as well as I could, and accept the parts that still aren’t what I want. I was pleased to find it wasn’t scary at all to get up on that stage, in fact it was fun and fulfilling. I accomplished my goal, and grew a lot through the whole journey.”

*Julie Ryder:* “The recital was in a word, stressfully-excitinglydelicious, you know, like supercalifragilistic-expialidocious! I decided to partake in the NHBCOS recital to exorcise performance demons that plagued me ever since high school! My last recital in 1976 was a disaster! I forgot my memorized piano duet in front of a good size crowd at the Fine Arts Center! I was horrified! This year, I decided to conquer that anxiety-provoking memory and I must say it was a great experience to prove to myself that #1 I can live through the stress of extra practices...and #2 live through the stress of performing with only 2 or 3 players in front of an audience.”

*Harley Ferguson:* “The enjoyment of this event was not as much about the *destination* as it was about the *journey*. I enjoyed meeting for practices while we were all working toward a goal.”

*Teresa Latimer:* “Not only was the recital fun, it was a goal. Having worked on a piece that I love for quite a while, and getting the opportunity to perform it in public, was an honor.”

A big thank you to Pam Northen for leading this effort and acting as the emcee for the evening and to Matt Wessner for helping to organize the event. A recording of the Recital is available [www.nhbcos.org/ensembles](http://www.nhbcos.org/ensembles).

## MARK YOUR CALENDARS

See times and other details on calendar at [www.nhbcos.org](http://www.nhbcos.org)

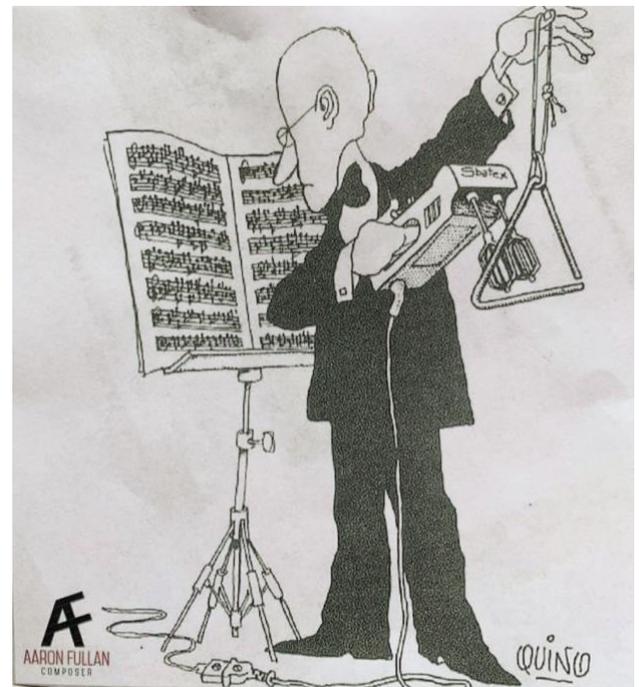
|           |   |
|-----------|---|
| Monday    | Practice – scales, sound production, technical exercises  |
| Tuesday   | Practice – long tones, technical etudes, listen to music you enjoy for at least an hour. Tune out all other noise.  |
| Wednesday | Practice – scales, long tones, articulation etudes  |
| Thursday  | Practice and actively listen to music by musicians you admire (listening to music being the thing you are doing and not a secondary task). Observe why you like these musicians and set a goal to play more like them |
| Friday    | Practice something non-technical from your repertoire   |
| Saturday  | Practice sight-reading some new piece of music  |
| Sunday    | Practice living a day of rest and free from news. Read a book. Talk to a friend, or a stranger. Write a letter. Count your blessings. Set a goal for next week.   |

## IN THEORY

*Stories of Music Theory in Real Life*

### Musical Terms:

- **Pizzicato** - Pizzicato is derived from Italian which means to "pinch" or "nip" and is a directive to a bowed string instrument performer that the indicated notes are to be plucked with the fingers rather than bowed. For wind instruments the term means to produce a sound similar to a string being plucked. (See *English Folk Song Suite*, Concert Band)
- **Cantabile** - Singing or performing in a melodious and graceful style, full of expression. (See *English Folk Song Suite*, Concert Band)
- **Poco Piu Mosso** - Poco is the Italian term for "little"; Piu Mosso means the music should have more motion, it should move more quickly.
- **Molto Pesante** - Molto - Much, very much, a great deal, extremely. Pesante - A directive to a musician to perform a certain passage in a heavy, ponderous fashion, with importance and weight, impressively. heavy, instruction that a passage should be played with great emphasis. (See *Fiddler on the Roof* Symphonic Band for both of the above).



**Percussionists: Marching to the beater of a different drummer.**

**It's in the Plumbing?** During a recent Concert Band Rehearsal, there was an emergency vehicle going by with full sirens blaring. Matt stopped for a moment then informed musicians of how music is everywhere. "Did you know that the standard household toilet flushes in the key of E-flat?" This piqued my interest so I tested it at home and E-flat it was. And phone lines buzz in the key of F and florescent lights hum in B-flat.

**Where's the Bow?** Each member of the saxophone family was originally intended to compliment the string family. Soprano Sax represents Violin 1, Alto Sax is Violin 2, Tenor is Viola, Bari is Cello, Bass is Bass. To represent the Saxophone as Adolphe Sax intended it, history suggests we should play with as dark and flexible a sound as possible in classical literature unless stated otherwise. Examples of Saxophonists who play like this include the *Rascher Saxophone Quartet*, *Sigurd Rascher*, *John Edward Kelly*, and *The Mana Quartet*.



**BUSINESS SPONSORS AND PARTNERS**

Please thank our Business Sponsors and Partners who continue to give to NHBCOS so generously throughout the last year. It is because of each of these organizations that we are able to keep the music alive!



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