



Joyful Notes

Spring 2024

Latest notes of news from New Horizons Band of Colorado Springs (NHBCOS)



FROM THE BOARD

By Harley Ferguson, President,
FNHBCOS Board of Directors



It is difficult to find the right words to adequately describe the impact to our organization's management when Wayne Griffin, Board Secretary, was forced to step away from his dedicated role as Secretary and Give! Campaign manager. Wayne's work ethic, his positive attitude and endless dedication represent an NHBCOS asset that is sorely missed. We wish Wayne a successful recovery and early and active return to New Horizons Band of Colorado Springs.

NHBCOS has enjoyed a mutually beneficial relationship with Prince of Peace Lutheran Church for the past eight years. (See [Featured Sponsor on page 3](#) of this issue.) The board is on the verge of renewing the 3-year Building Use Agreement (Lease) and accompanying Memo of Understanding. The previous contract expired in 2020 and major changes for PofP and for NHBCOS must be considered and included in the renewal agreement. Activities and needs of Living Word Ministries, NHBCOS, Peak Bible Church and Prince of Peace congregation must be melded, scheduled and managed to everyone's satisfaction. Achieving this requires limitations for all organizations and at the same time makes for a successful financial and operational facility.

(Continued on page 2)

SPOTLIGHT ON: ANITA ADAMS

By Anita Adams; Intro by Harley Ferguson



Anita Adams is a student. From her elementary and high school days to her master's degree in Public Administration, she has been accomplished and dedicated. She has applied the same level of dedication to her musicianship. Fellow musicians of New Horizons Band say she's always looking for ways to improve her playing by using new methods and techniques. She enjoys contributing as a Concert Band flute section leader. Like most New Horizons Band members, Anita says, "NHB gives us the opportunity to enjoy music making and to develop our musical skills and potential in a friendly and supportive environment." That's what keeps us all coming back!

- Harley

My first music lesson was piano. Fortunately, a piano teacher lived only a few miles from our Florida Mesa farm southeast of Durango, Colorado. I could not wait for my fingers to grow long enough to reach more than a fifth. My piano teacher wrote a note to my parents saying, "Anita is not reading the bass clef, she is just making up the notes to play with the left hand." My fingers grew and I learned enough bass notes to play piano for our country church services. I chose a treble clef instrument, the flute, for school band, and my parents happily purchased a flute for me. I raised a calf as a 4-H project with the goal of selling it at the LaPlata County Fair in order to have enough money to buy a piccolo which I played for marching band. The high school band

(Continued on page 2)

Issue: Spring 2024

Joyful Notes is the quarterly newsletter of the New Horizons Band of Colorado Springs.

Please send comments, suggestions or cancellations to

joyfulnotes.nhbcos@gmail.com or

[Dennis Atkinson, editor](#)

All current and past issues available online at:

www.nhbcos.org/newsletter.



FROM THE BOARD

(Continued from page 1)

NHBCOS ensembles include Symphonic Band, Concert Band, Kicks Jazz Band, Intermediate Band, Purple Mountain Clarinet Choir, Symphonic Strings, Concert Strings and our newest ensemble, Cello Choir. These eight ensembles include over 200 voices. Approximately 25 of these voices are those of musicians who play in more than one ensemble. In all ensembles there is a new and welcome contingent of youthful participants. There are also four musicians 90-years of age and older. That diversity speaks to the wonderful experience available to NHBCOS members and to our audience members.

The FNHBCOS Board of Directors, ensemble conductors, paid administrators and volunteers are working to ensure efficient use of space and financial resources. We are close to releasing the storage space we have rented since moving to PofP. This space costs \$175 per month and, like most of our homes, includes an abundance of unwanted/unneeded "stuff". As Jerry Seinfeld noted, "Once it moves to the garage, it never comes back inside". See the advertisement for some of this stuff [on page 9 of this issue](#).

We in NHBCOS are blessed with:

- Enjoyable Social Interaction
- Mental Health Benefit
- Physical Health Benefit
- 'Life Pursuit' Every Person Needs
- Feeling Of Accomplishment



SPOTLIGHT: ANITA ADAMS

(Continued from page 1)

programs gave me the opportunity to go on several band trips including one to Mason City, Iowa for the national Music Man Band Festival competition and to Portland, Oregon for the Rose Festival Parade and competition. I was selected for Colorado First Chair Band at Adams State College in Alamosa and summer band camp at Western State College in Gunnison. Throughout these years, my parents and

two brothers gave support and encouragement for my music activities.

After high school, my flute and piccolo took a nice long nap. I earned a bachelor's degree in mathematics, a certification as a cost analyst, and a master's degree in public administration. This education prepared me for work experience as a cost and economic analyst, a mathematician, and an operations research analyst as a civilian employee of the Air Force. My main assignments were at USAF



Anita with her new best Koala friend in Australia.

Headquarters at the Pentagon, then at the U.S. Space Command in Colorado Springs (I am a plank owner) and at Air Force Space Command. All of my

assignments were challenging and interesting. Most importantly during my early working years while in the D. C. area, I met and married my sweetheart, John.

After retirement, my fingers were restless and began fingering National Emblem March – a definite sign that I should unpack my flute and piccolo. After a careful search, I contacted Karen Morsch, professional flute teacher, and she agreed to accept me as a student. After a few years of lessons, she recommended me for membership in Pikes Peak Flute Choir. I continue my membership in that group, playing C flute, alto flute and piccolo. I joined Cinnamon Tea, a flute quartet that plays for senior centers and senior living facilities. In playing these venues, it was always so gratifying to see the enjoyment that the music brought to these senior citizens.

My New Horizons Band activities started with Symphonic Band, then a break for a few years, then rejoining Symphonic Band, then adding Concert Band. How fortunate I am to be asked to play with the NHB Combined Symphonic Orchestra. NHB gives us the opportunity to enjoy music making and to develop our musical skills and potential in a friendly and supportive environment. I have been very much impressed with the varied backgrounds of our members, and their respective expertise in a wide



range of career fields. We have a wealth of life experiences and, appropriately, musical experiences that contribute to our capability to make enjoyable, quality music together. During all of these musical endeavors, I have enjoyed the continuing support and encouragement of my husband, John.



FEATURED SPONSOR: PRINCE OF PEACE LUTHERAN CHURCH

By Harley Ferguson

Sponsor Highlight: Pastor Dave Cruson and Prince of Peace Lutheran Church have been hosts and strong supporters of the New Horizons Band of Colorado Springs for nearly 10 years. Here is their story.

At the corner of Galley and Wooten in Colorado Springs, Prince of Peace Lutheran Church has been a presence in the community from our official beginning in 1966. Note (pun intended) worthy in that Powers was a dirt road at that time.

What started as a mission start of the Lutheran Church in America (LCA), Prince of Peace became a part of the Evangelical Lutheran Church in America (ELCA) in 1988, when three Lutheran Church bodies merged. Our previously 5-acre site has been known to provide many outreach ministries. We were the home to a Boy Scout troop for over 40 years. We've had Girl Scout troops and Venture Club groups. We have hosted, without charge, numerous Alcoholics Anonymous, Ala-non, Ala-teen, and Narcotics Anonymous programs, along with many other non-profit organizations and ministries.

While the name is connected, Lutheran Village (north of the parking lot) is an independent 55+ independent-living community. Prince of Peace sold the land to Lutheran Village to build our current fellowship hall.

Our social ministry has been supportive of Lutheran Family Services, Lutheran World Relief, ELCA World Hunger, Mosaic, Habitat for Humanity,

Partners in Housing, Mercy's Gate (formerly Northern Church Care), Rainbow Trail Lutheran Camp, Family Promise (formerly known as Interfaith Hospitality Network), and Wilson Elementary School, our neighborhood school.

Like many smaller sized mainline denominational churches, Prince of Peace has declined in membership over the past 25 years. Sensing the need to utilize our building in a more advantageous way, we began partnerships with non-profit churches, ministries, or organizations to both sustain our ministry and to share the blessing of our facility.

I've served as pastor since 2003, 10 years full-time and the past 10 years part-time. In addition, I am the building manager, making sure the five organizations (three churches, NHBCOS, and PPF) have the time and space they need. We are the current home of New Horizons Band (that's you!), Living Word Ministries International, Peak Bible Church, the Pikes Peak Flute Choir – oh, and Prince of Peace.

We are delighted to have New Horizons Band as a leasing partner and appreciate the kindness of the musicians, staff, conductors, and board of directors in helping to take care of our facility.

In particular, I am incredibly grateful for Sudy Hill. Please share a special thanks to her for her work in having NHBCOS be such a great leasing partner. She is a member of both Prince of Peace and NHBCOS, so she has a heart for both, and is able to help facilitate a harmonious (pun intended) relationship.

Yours in Christ,
(Pastor) Dave Cruson



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THE GIVE! PIKES PEAK 2023 CAMPAIGN

By Marcia Lee

The Give! Pikes Peak Fundraising Campaign has been a wonderful program which helps NHBCOS raise the funds needed to continue offering musical opportunities for adults in our community.

NHBCOS has participated in the campaign the past 10 years because it offers the opportunity to request donations each year from our members, sponsors, and friends; *and* Give! provides the online support to make giving to NHBCOS easy.

NHBCOS raised \$26,617.93 during the 2023 end-of-year campaign. A big “Thank You” goes out to all our donors and supporters for helping us achieve this impressive amount. NHBCOS has participated in the Give! campaign for ten years and has raised \$252,068 during that time to support our organization. These funds help us cover expenses such as: music, musical equipment, rent, new ensembles, perform concerts at nice venues, office supplies, insurance, copier maintenance, instrument repair, and many other expenses that pop up during the year. It’s a big deal for NHBCOS and has kept us growing and improving to stay viable.

If you recall, we offered a drawing for a “prize” of free tuition to the Spring Session if you donated \$20 or more to the campaign. Donor’s names were placed in the drawing that took place during the February Board meeting. We now have a winner! Congratulations to Margarita Montwill who plays cello in Concert Strings.

The Board would like to take this opportunity to thank Wayne Griffin for his tireless and energetic leadership in running the campaign on behalf of NHBCOS during the past four years. He joyfully gave his time and knowledge to make the campaign successful despite constant staff changes with Give! and the challenge created by the pandemic. We really can’t say enough for his devotion to NHBCOS and the Give! Campaign. **THANK YOU, WAYNE!!!**

If you missed sending a donation to NHBCOS during the campaign, don’t worry. We accept donations all year long. You can also support NHBCOS through the King Soopers reward program. Instructions to participate in this program and to make donations can

be found at this [location on our website](#) or clicking on the **Donate** menu item then the **Continued Support** button.



QUALIFIED CHARITABLE DISTRIBUTIONS

How to make a tax-free gift to FNHBCOS or other non-profit organization.

By Tim McDevitt

Taxes, taxes, taxes. This is the time of year when we are filing our tax returns and, perhaps, thinking of ways we can pay less taxes next year. Well, here’s a way we can contribute funds from our Individual Retirement Account (IRA) through a tax-free distribution that counts toward our annual required minimum distribution (RMD). This information is taken from an IRS news release (IR-2023-215, November 16, 2023.)

Many of us, if we are retired, have some of our retirement funds in IRAs at a bank or other financial institution. Depending on our age, IRS rules require that we take minimum annual distributions from the IRA which are taxable at the federal and by most states, including Colorado. Here is a way you can take a tax-free distribution to make a charitable contribution, which still counts toward your RMD for the year. To do this, you must be at least 73 years old. (Individuals who are at least 70 ½ years old can make a tax-free charitable distribution, but it will not count toward the RMD.)

According to the IRS, **each year, an IRA owner age 70 ½ or over when the distribution is made can exclude from gross income up to \$100,000 of these QCDs (Qualified Charitable Distributions). For a married couple, if both spouses are age 70 ½ or over when the distributions are made and both have IRAs, each spouse can exclude up to \$100,000 for a total of up to \$200,00 per year.**

There are some rules which must be followed for the distribution to qualify as QCD:

1. The charitable distribution must be made directly by the trustee of the IRA (the bank or other financial institution) to the charity. The simplest way to accomplish this is to have

your IRA trustee make out a check payable to the eligible charitable institution. Be sure to get a receipt from the charity.

2. A QCD must be reported on the federal tax return. Your tax preparer will know how to accomplish this for 2024 tax returns. If you prepare your own returns, consult the IRS filing instructions for details. Currently, information about IRA distributions and QCDs is contained in Publication 590-B, Distributions from Individual Retirement Arrangements (IRAs).



LET THE CELLO CHOIR SING!

By Dennis Atkinson

At the beginning of the 2024 Spring Session, NHBCOS started yet another small ensemble; this one called the Cello Choir. You might ask yourself why an instrumental group can be called a “choir,” since, by definition a choir is a group of people singing.

In my extensive research of the Internet on this topic (approximately 10 to 15 minutes) several expert sources have claimed that of all the string instruments, the cello sounds most like a human voice, and it can make a wide variety of tones, from warm low pitches to bright higher notes. In general, the cello plays music at the frequency that humans find most soothing (see “Music Therapy” article on [page 7 of this issue](#).) What we have in the new Cello Choir is a group of (a) people all playing (b) soothing music on their (c) singing cellos. I say, let the Cello Choir Sing!

To learn more about the group, I contacted the conductor, [Linda Johnson](#) and the current cellists in the newly-formed group, asking for their feedback. The group meets every Monday evening, 7:00 p.m. to 8:30 p.m. at Prince of Peace Lutheran Church and will definitely be back for the Summer Session, beginning May 6.

Here are some of the comments I received, my emphasis added, (all shared with their permission):

- Margaret: it is a pleasure to work with Linda. She is knowledgeable, easy to follow and fun! She *regularly checks with the players regarding music choices then plans rehearsals accordingly*. The Cello Choir is a friendly and interesting bunch and *represent a wide age group*.
- Gini: Fun & Challenging! A group of cellists *with wide experiences* and everyone seems to be enjoying the camaraderie when trying to work on various parts, especially those tenor clef sections! Linda has chosen a *wide variety of music that's not all classical and she's helping us work on the variations and the different parts while she manages to keep us all together!* Our 90-minute sessions seem to go fast!
- Beth: I am so enjoying cello choir! I love the *collaborative atmosphere that Linda is cultivating*. It is a *diverse group with many degrees of skill*, but I think it's beginning to jell. *I feel challenged, but not so much that I won't be able to ultimately play our pieces well*. We're playing some simple pieces and some more difficult. Playing simpler music gives everyone the chance to concentrate on sound production, not just note production. But it's nice to have a mix. Everyone seems really supportive in the group. Linda is fun and encouraging, but wants us to sound like a quality troupe. I like that.
- Barb: I am enjoying the cello choir. It is very different to hear all cellos playing different parts and working together! *There are some amazing cellists in this group and I enjoy hearing them play!* I have met new people! Linda Johnson teaches me cello privately so *I appreciate her style of teaching and encouraging me to do better!* *Some of the music is challenging but there are options to play at different levels!* I am glad we decided to offer this especially with 20 cellists between the existing orchestras.



- Nancy: *Fun, challenging and enjoyable!* You get to pick the part that is good for your level and *challenge yourself or not*. Linda is such an expert, *knows where the problems can happen, tells you about them ahead of time*. Plus, she is hilarious. The time flies by!
- Jan: I like the music we have chosen for our concert, and our conductor.
- Gary: I love the challenge as I am an older new cello player. I also really enjoy the music selection, and *the variety in playing skills of the other cellists*. The ability to choose the level in each piece is also a positive. Learning from a different conductor is a great challenge. All in all, a good experience!

If this sounds good to you and you play the cello, come out and sing with us! Registration details for the 2024 Summer Session will appear soon on our website: www.nhbcos.org.

If you'd like a sample of the Cello Choir singing before you register, their Spring Concert is scheduled for April 22nd, 6:30 to 7:30 p.m. at Prince of Peace Church, 4720 Galley Road.



Current members of the NHBCOS Spring 2024 Cello Choir



THE ROLE OF INSTRUMENTAL MUSIC IN FILM

By Alex Marquez, NHBCOS Symphonic Band Conductor

On May 25, 1977, *Star Wars* was released in theaters, taking the world by storm. It changed movie-making, inspired generations to come, and spawned so many sequels and spin-offs, it's become a true, cultural phenomenon. I was only 11-years-old when *Star*

Wars first hit the silver screen. It captured my imagination and planted in me a deep love for soundtrack music that continues to endure nearly 50 years later. I remember my mother taking me to the record store so I could purchase the two-album, original soundtrack of *Star Wars* by John Williams—which I still have lovingly tucked away in storage to this day. What kid wants a motion picture soundtrack over a toy? The kind of kid that wants to relive the magical moments of such an original, inspiring, blockbuster hit. Much to the dismay of my older sister, I listened to *Star Wars* over and over through the years. The first compact disc my wife gave me was the soundtrack from *Star Trek II: The Wrath of Khan* by James Horner. I get very emotional when listening to *Dances with Wolves* or *Somewhere in Time* by John Barry, and I get homesick for a fictional place I've never visited, when I hear Howard Shore's masterful *The Shire* from *The Fellowship of the Ring*. On most Saturday mornings at 9:00 a.m., you'll find me listening to *The Score with Edmond Stone* on 88.7 FM, an hour of instrumental music featured in movies. Certainly, that explains why my music selection for our Symphonic Band each session tends to include at least one band transcription of a movie soundtrack.

These musical favorites of mine go way beyond music for its own sake. When listened to, the soundtracks evoke special memories, and I'm immediately transported to those places—whether it's "Space, the final frontier," "A long time ago, in a galaxy far, far away," or I'm running with Aragorn, Gandalf, and the others through the Mines of Moria—I get immersed in the story, in its landscape, and the characters through music. Music creates the motion and emotion needed to complete our sense of vicarious reality. Music is also a time machine, of sorts, that brings us right back to the first moment we experienced a film...every thought, every emotion, and every physical reaction. There is something about music that moves us, inspires us, and draws us into the storyline of a film. If you don't believe me, you can search the Internet for examples of what films would sound and look like without music. There are tons out there, and you will discover just how boring and stale once-exciting scenes are without the music that makes those scenes come to life.



Music plays an incredibly integral role in the very fabric of the movie-watching experience. Imagine *Superman* without the iconic introductory march playing while the opening credits swoop across the screen. Who would Indiana Jones be without his famous, whip-cracking hero's theme? Could the U.S.S. Enterprise be nearly as majestic flying through space without her rousing theme by Jerry Goldsmith? Jack and Rose's triumphant declaration of love and freedom on the bow of the *Titanic* would be so bland without James Horner's haunting and romantic melody. Would that fearsome great white shark really be as menacing without John Williams' simple and suspenseful two-note motif? Would people have stopped showering for fear of getting stabbed without Bernard Herrmann's terrifying, dissonant, and screeching chords played while Marion is ruthlessly murdered in the shower by Norman Bates?

There have been many psychological studies done on the effects music has on our perceptions of a film's narrative and its characters, but we don't need empirical research to know—in the very core of our souls—that music plays a critical role in how we experience a movie. It enhances our sense of empathy, supports our believability in a film's premise: setting, plot, characters, emotional gravitas, perception of time, and so much more. Music is so critical to a film, even the Academy of Motion Picture Arts and Sciences awards an Oscar for Best Original Score, one of 24 categories that includes recognizing Best Picture, Best Actor, Best Director, and many more. This year's Academy awards ceremony will take place on Sunday, March 10, 2024, and (surprise!) John Williams is a nominee for the latest installment in the Indiana Jones series. Incidentally, John Williams has won five Oscars in the Best Original Score category and holds the record for the most nominations by a living person...a whopping 54 nominations garnered throughout his illustrious composing career!

Here's my challenge: the next time you watch a movie, I dare you to imagine what the scenes would be like without any melodies or harmonies to support the actors and settings. Music is related to the term "muse" or "to become absorbed in thought" (Merriam-Webster, 2024). Is it any wonder that such a powerful tool as music can be used so skillfully to

enhance our thinking and engross us in the experience of watching a movie? Film music can excite, sadden, thrill, inspire, anger, create joy, and provoke us to a host of other emotional reactions which give a motion picture that special *oomph* essential to make the experience so incredibly immersive, absorbing, and fulfilling.



MUSIC THERAPY

By Sarah Sujansky

We received this article from one of our new clarinetists in the NHBCOS Symphonic Band and, because of the topic, I have invited her to submit a regular column for the next several newsletters. Sarah responded that she welcomed the opportunity, adding, "I enjoy being able to share about music therapy practice and can definitely think of some topics I could write about." Watch for her articles in coming newsletter issues.

- Dennis

Hi! I'm Sarah, and when I'm not playing clarinet, I work as a board-certified music therapist (MT-BC). I received my degree from Colorado State University (fun fact: CSU is the only school in Colorado that even offers this degree, though the field is growing!) My past experiences have involved leading group and individual sessions with nursing home residents as well as children and adults with disabilities, but these days I work full-time at a psychiatric hospital.

Dependent on the setting and people receiving care, music therapy can look like a lot of different things! The standard definition involves clinical, evidence-based uses of music by a board-certified music therapist to address non-musical goals (quality of life, emotional expression, neurologic rehabilitation, pain management, development of communication / motor / cognitive skills, social connection, sensory and emotional self-regulation, etc.)

In my work now, I lead groups on adult, adolescent, and pediatric psychiatric inpatient units (typically between 5-20 patients per unit) and collaborate with other healthcare professionals (therapists, nurses, etc.) to coordinate individualized care for patients. I use musical experiences (songwriting, lyric analysis,



improvisation, group music-making, music listening, etc.) to promote practice of healthy coping skills, facilitate therapeutic discussions, and support management of symptoms related to psychiatric diagnoses (i.e., anxiety, lethargy, hallucinations, etc.) Since an individual's preferred music is the most effective way to generate therapeutic engagement, my groups often involve inviting patients to share their own music. I encourage them to reflect on how the music they enjoy impacts their thoughts and emotions, and my groups often focus on building emotional awareness and mindfulness practices.

To learn more about music therapy visit:
www.musictherapy.org/research/factsheets/

(P.S. One of my favorite bodies of research centers on the value of community music groups as a source of connection / belonging, self-esteem, and identity 😊)

www.tandfonline.com/doi/abs/10.1080/17533015.2022.2094432
intellectdiscover.com/content/journals/10.1386/ijem.12.2.229_1



NEW HORIZONS BANDS ARE GLOBAL

By Dennis Atkinson

We're all convinced that New Horizons Band of Colorado Springs is a good thing, whether we play in one or more of the eight ensembles and/or we enjoy the music from the audience. The organization did not just come about overnight; NHBCOS started more than 20 years ago as the New Horizons Band of the Pikes Peak Region (NHBPPR), co-founded by Ed and Mary Nuccio and Bill Callen. Dr. Roy Ernst, founder of the **New Horizons International Music Association (NHIMA)** contacted Bill and Ed through a mutual friend in Loveland, Colorado about growing New Horizons Bands around the country. Today, NHIMA is an international non-profit organization committed to New Horizons' philosophy of music-making and undertakes initiatives designed to support the development and growth of nearly 200 New Horizons music organizations around the world.

The first New Horizons program at the Eastman School of Music in Rochester, New York was designed to serve the senior population. While many New Horizons programs are designed specifically for senior adults, others, *including NHBCOS*, are open to adults of any age. A New Horizons Music program should be inclusive rather than exclusive. Every person has musical potential that can be developed to a level that will be personally rewarding.

While Dr. Ernst is no longer with the global group, NHIMA remains as the parent organization for NHBCOS; we pay a small annual fee to belong to and share the concepts and philosophy of New Horizons Programs. In addition, being a group member of NHIMA allows us to share information about our group on the NHIMA web site (newhorizonsmusic.org), share resources to enhance development and growth of our group, collaborate with other groups worldwide, have access to sheet music and repertoire resources, receive assistance in starting new groups and helping develop new ideas. NHIMA provides complimentary individual NHIMA memberships for directors and instructors of currently registered groups.

NHBCOS member musicians are encouraged to become members of NHIMA (Individual or Couple memberships). For a nominal fee, members have the satisfaction of financially supporting NHIMA's goals for current and future groups. Active NHIMA members also have access to an online NHIMA membership directory, receive discounts on summer music camps (so far this year planned in Bloomington, IN, Cincinnati, OH, Lakeside Chautauqua, OH and more to come) and fabulous online classes throughout the year, for example "The Grooves and Moves of Zydeco," "What is That Conductor Doing Up There," "Pop Hits for Beginner+ for Ukulele," "Music Theory Basics," "Great Women Instrumentalists of Jazz," "Christmas Ukulele Sing and Strum Along," "Klezmer Learn and Play," and much more!

To become an NHIMA member, simply [visit their website](#) and select the desired type and length of membership.





THE GRILL OF YOUR DREAMS

By Stephen Rumbold, Harley Ferguson, Dennis Atkinson

Three Barbeque Grills Looking for New Homes!

New Horizons Band of Colorado Springs has three barbeque grills in our storage unit that are looking for new homes. In days gone by, when we were rehearsing and performing at Canon Elementary School, the bands used to have pre-concert cookouts. Since we're no longer doing that and we are trying to scale down excess equipment in our storage (i.e., get rid of "stuff"), the grills are available to anyone who would be interested in adopting one of them for a nominal donation. They're in excellent condition, except for missing propane tanks. The tanks have all expired and can no longer be refilled.

Please email Harley Ferguson (harleyferg@gmail.com), state your donation and one could be yours!

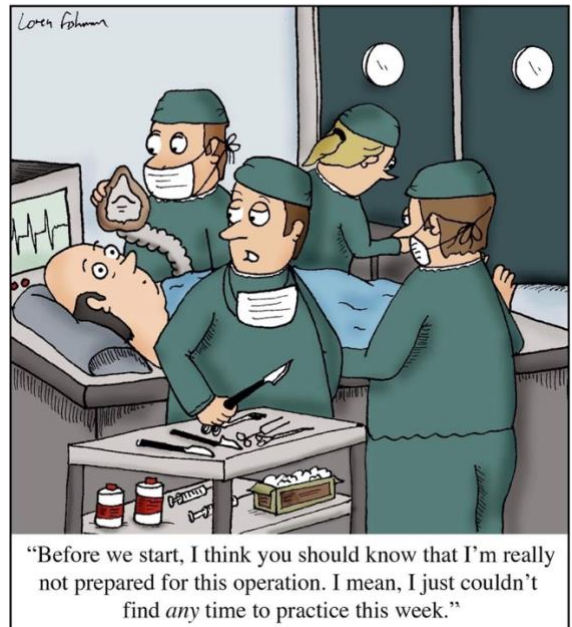
Grill #1 - Kenmore



Grill #2 - CharBroil



Grill #3 - Kenmore



"Before we start, I think you should know that I'm really not prepared for this operation. I mean, I just couldn't find *any* time to practice this week."



"Normally the hashtags go in front."



MARK YOUR CALENDARS See times and other details on calendar at www.nhbcos.org

March	
Mar 1	Frederic Chopin birthday (1810) and World Music Therapy Day
Mar 4	Antonio Vivaldi birthday (1678)
Mar 5	First Day of Ramadan
Mar 10	Daylight Saving Time (set clocks ahead 1 hour)
Mar 11	Lawrence Welk birthday (1903)
Mar 14	Pi Day
Mar 17	Saint Patrick’s Day
Mar 18	Nikolai Rimsky-Korsakov birthday (1844)
Mar 20	Spring Equinox (3:07 a.m. MDT)
Mar 21	Johann Sebastian Bach birthday (1685)
Mar 24	Palm Sunday
Mar 29	Good Friday
Mar 31	Easter and Joseph Haydn birthday (1732)
April	
Apr 1	April Fool’s Day
Apr 8	The Great Solar Eclipse
Apr 9	Last Day of Ramadan
Apr 22	Earth Day
Apr 30	International Jazz Day
May	
May 1	May Day
May 1 – 5	Canon City Music and Blossom Festival, Canon City, CO (ccblossomfestival.com)
May 5	Cinco de Mayo
May 6	Beginning of NHBCOS Summer Session – May 6 thru June 28; no Clarinet Choir but all other ensembles are planning on rehearsals.
May 12	Mother’s Day
May 27	Memorial Day (observed)

Spring 2024 Concerts (see www.nhbcos.org/concerts)

Apr 7	NHBCOS Spring Concert I: Kicks Jazz Band, 4:00 pm to 6:00 pm Ent Center for the Arts, 5225 N. Nevada Ave, Colorado Springs. Cost: \$10
Apr 10	NHBCOS Spring Concert II: Intermediate Band, 6:30 to 7:00 pm at Prince of Peace Lutheran Church, 4720 Galley Rd, Colorado Springs. In lieu of admission fee, free will offering taken.
Apr 14	NHBCOS Spring Concert III: Concert & Symphonic Bands, 4:00 pm to 6:00 pm Springs First Church, 4120 E Fountain Blvd, Colorado Springs. In lieu of admission fee, donations gratefully accepted.
Apr 15	NHBCOS Spring Concert IV: Concert Strings, Symphonic Strings and Purple Mountain Clarinet Choir, 7:00 pm at Prince of Peace Lutheran Church, 4720 Galley Rd, Colorado Springs. In lieu of admission fee, free will offering taken.
Apr 22	NHBCOS Spring Concert V: Cello Choir, 6:30 to 7:30 pm at Prince of Peace Lutheran Church, 4720 Galley Rd, Colorado Springs. In lieu of admission fee, free will offering taken.



BUSINESS SPONSORS AND PARTNERS

Please thank our Business Sponsors and Partners who continue to give to NHBCOS so generously throughout the last year. It is because of each of these organizations that we are able to keep the music alive! Click on each business card for more information. Please remember to mention NHBCOS when you conduct business with our sponsors because it increases the likelihood of the sponsor renewing their membership if they know their advertising dollars are working.

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